Holding Hope. That’s what our KMHS staff do every day, with and for the 6,800 children, families and adults living in Kitsap County who choose our services. Across our spectrum of services, from inpatient treatment, to residential services and supported housing, and our Outpatient Care Teams, our staff hold hope because they know from experience and research, its true - outcomes for people with serious mental illnesses and serious emotional disturbances show treatment works, and that with treatment, recovery happens.

Every day mental health crises occur for someone in our community. Our 24/7 Crisis Clinic of the Peninsulas staff and volunteers listen, refer, and support over 8,000 callers, and another 13,000 2-1-1 callers seek community services information. The Crisis Response Team of Designated Mental Health Professionals (DMHPs) are available 24/7 to evaluate if a person is in imminent danger of harm to themselves or to others and meets the legal criteria to be admitted for involuntary inpatient treatment.

Because mental illnesses are not independent of the body, we strive to provide health care that supports the whole person with mental health and substance use treatment, coordination with primary care providers, and recently with PCHS, Dental care. Clinicians in our South Kitsap office, our North Kitsap Team, our Bremerton locations, and staff working in co-located partnerships in primary care offices, schools, social service agencies, jail, or who make visits in the home, nursing homes and elsewhere do this work each day because they KNOW treatment works and recovery happens.

There is good news. In the last three years since Medicaid expansion, access to community mental health services is up over 30%, representing a large increase in people seeking and receiving first time services at KMHS. The bad news is community mental health in Washington remains underfunded, and the current health care work force insufficient to meet the increase in people now eligible for services. Yet our community has never been more concerned about preventing and providing interventions and treatment for persons with serious mental illnesses and serious emotional disturbances than it has been these last few years. The filling of service gaps through the Kitsap County Behavioral Health Strategic Plan and local Mental Health and Chemical Dependency Sales Tax has resulted in stronger connections between the community mental health system of care, law and justice, primary care, housing and other service providers. For these reasons, in this Season’s newsletter, we provide a map of what the KMHS integrated system of health care looks like at this time for persons with serious mental illnesses and serious emotional disturbances. It includes a diagram of our services, and a brief description of important partnerships that are weaving behavioral health services into a far more comprehensive system of care than ever before. And for this too we hold hope that our community and the people who live in it are healthier because of our shared commitment.

With highest regards,

Joe Roszak
Chief Executive Officer
Partnership Programs & Co-Located Services in the Community

**PARTNERSHIP PROGRAMS & CO-LOCATED SERVICES IN THE COMMUNITY**

engage 50 drug court participants and connect them to needed services.

**KITAP SUPERIOR COURT: DRUG COURT**

Other services for pre-trial diversion agreements. Partners also with 1 Westsound outreach & engagement, including connecting to Behavioral Health Treatment and field directly to KMHS Designated Mental Health Professional for real time assessment.

**LAW ENFORCEMENT & CRISIS INTERVENTION PILOT**

Part-time Behavioral Health Professional (BHP) for assessments on request of jail staff.

**LAW ENFORCEMENT, JAIL, & COURT PARTNERSHIPS**

Collaboration of Kitsap Public Health District, Kitsap Community Resources, Bremerton Behavioral Health Network Health Homes Psychiatric ARNP and Geriatric Mental Health Professional provide consultation to Nursing Home Liaison.

**NEW PACT SERVICES**

KMHS also provides a Behavioral Setting, with the patient returning to primary care when their illness is stabilized or care is often the first place people turn to for help. If serious mental health concerns can be managed by their primary care provider. KMHS CHEMICAL DISORDER THERAPISTS, CASE MANAGERS, PSYCHIATRIC, and chemical dependency treatment, or who have serious behavioral health diagnosis and housing need.

**NEW IN 2017! KYMHS CHEMICAL DEPENDENCY PROGRAM**

Ages 5 - 17 treatment foster care, family therapy, consultation, support groups, community mental health services.

**ABOUT KITSAP MENTAL HEALTH SERVICES**

with 1 Behavioral Health Professional to provide services to participating youth and their families.

**BRIDGING THE GAP**

2 Peer Specialists provide intensive 90 day pre and 120 day post discharge supports for successful community reintegration and housing.

**ACCESS TO KITSAP MENTAL HEALTH SERVICES**

Many community partners answer routine behavior health care in the right place, in the right way, at the right time. Together we are weaving a web that connects people to the right services at the right time, in the right way, at the right place.

**FINDING A CLINIC AT A GLANCE**

With care coordinators, case managers, and wraparound services provided.

**FUNDING AT A GLANCE**

Local Sales Tax and other.

**SCHOOLS**

KITSAP: SUPPORTING A COMPREHENSIVE CONTINUUM OF CARE FOR ALL AGES

www.kitsapmentalhealth.org
KMHS 2016 Golf Classic Tops $40,000 Fundraising Goal!
Hat’s off to our 2016 Sponsors!

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A shout out to our many auction and raffle donors, plus all of our great volunteers who once again made our signature charity event a terrific success!

THANK YOU!

Mark Your Calendars Now!

2017 KMHS Golf Classic Tournament
Wednesday, August 9, 2017
Gold Mountain Golf Course

2016 Golf Tournament Committee

Bill Mahan, Chair
Wayne Evans
Dave Jeffcoat
Loren Johnson
Pete McKenzie
Paul Pazooki
Joe Roszk
Greg Smith
Larry Tuke
Open just 3 weeks, already the Dental Clinic sees 16 patients daily!

Peninsula Community Health Services, in partnership with KMHS, now offers dental services at the KMHS Almira campus for KMHS clients who are also patients of PCHS. PCHS offers both children and adult dental care to Apple Health/Medicaid members. PCHS also offers emergency services to non-PCHS clients or uninsured adults.

Dental Clinic Hours: Mon - Fri 8 am - 5 pm. To schedule an appointment, call 360-377-3776.

Kitsap Mental Health Services
Quality Behavioral Health Care for our Community

AND NOW IN OTHER NEWS!

New! WISE - Wrap Around, Intensive Supports for Children and Families

“WISE” or Wraparound Intensive Services are now available to all Medicaid eligible youth between the ages of 0 – 21 and their families. Four WISE Teams, each consisting of Care Coordinator, Therapist, and Peer Support Specialist, providing services 24/7, and together with the family, seek out formal and informal supports from the community. WISE Teams build a supportive structure around and with the family, teaching self-advocacy skills and using this supportive structure to help families become self-sustaining and self-advocating. WISE Teams currently serve 32 families.

Peer Specialists Core Members of Outpatient Teams

KMHS Teams now include 16 Peer Specialists! Each Outpatient Team is assigned a Specialist, and five specialists are trained as Peer Navigators specifically to help clients improve their skills and confidence to “navigate” the physical health care system, working side by side with clients using a method called “for them, with them, by them.” The Navigator coaches clients to prepare for healthcare appointments, and to set and achieve their health goals, eventually fading away as the client learns to navigate the healthcare system on their own. New Washington State funding has resulted in hiring of two Peer Specialists for the “Housing and Recovery through Peer Services” or “HARPS” program. The HARPS Team, led by a Behavioral Health Professional, is co-located at Kitsap Community Resources and offers services aimed at securing permanent supportive housing, primarily for adults discharging from inpatient psychiatric and chemical dependency facilities. Another new program - Peer Bridgers - provides two Peer Specialists offering 90 days of intensive supports to adults exiting Western State Hospital plus 120 days support post-discharge to the community.