



ANNUAL REPORT 2017

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Mission Statement

To shape the future of mental health through state of the science service delivery, community partnerships and advocacy.



TREATMENT WORKS. PEOPLE RECOVER.

As the healthcare landscape continues to experience rapid change, KMHS remains focused on our mission and supporting the behavioral health needs of our community. This summer, we look forward to opening the County's first 16-bed Crisis Triage Center, providing a place where individuals can stabilize their crisis over the course of a 5-day stay. At the same time, we will open a 16-bed Substance Use Disorder residential facility where people can receive up to 30 days inpatient services as they work on their recovery. Looking to the future,

KMHS is also developing strategies to respond to one of our community's most complex challenges increasingly impacting persons with chronic, serious mental illness: homelessness. Despite all the change that swirls around us, the one constant you can count on is our commitment to providing the County's premier community mental health and substance use disorder services.

Warm regards,

Joe Roszak
Chief Executive Officer

KEY AREAS OF EMPHASIS FOR 2018

In Kitsap County and communities across the nation, we recognize the critical role that behavioral health services have in maintaining our community's overall health and well-being. Our emphasis in 2018 will include:

- ❁ **Whole Person Healthcare.** There is a clear relationship between a person's behavioral health and their physical wellbeing. At KMHS we continue to engage in collaborations and partnerships to ensure individuals have coordinated access to integrated healthcare services.
- ❁ **Responding to Crisis in the Community.** The county's Crisis Response Team consists of Designated Mental Health Professionals who conducted 1,246 involuntary treatment evaluations in 2017. **NEW!** In April 2018 the Washington State legislature will now require an evaluation by a "Designated Crisis Responder" (formerly DMHP's) to determine if a person's behaviors stemming from either mental health or substance use disorders meet the legal threshold for involuntary detention.
- ❁ **Strengthening the Behavioral Health Workforce.** In response to the rapid growth of people seeking behavioral health services, we are working closely with our community partners to increase the local behavioral health workforce capacity across a full range of service providers.
- ❁ **Housing as Healthcare.** At KMHS we recognize that access to safe and affordable housing is critical to an individual's stability and recovery. We are committed to ensuring our clients are able to "step-up" or "step-down" from our services, supported by appropriate housing and shelter options.



TRUEBLOOD AWARD FUNDS JAIL DIVERSION SERVICES

It is estimated that at least 16% of people in jails or prisons live with mental health disorders, and 43% experience substance use disorders. To better support their specialized needs and expand access to care a KMHS diversion team is now providing services at the Kitsap County Jail. Funded by a U.S. District Court Award specifically designed for "Trueblood Class members", the intent is to divert persons with serious mental illness, substance use disorders, developmental disabilities, traumatic brain injury and other disabilities from the criminal justice system, moving them more rapidly to treatment services and their successful reentry into the community. The Jail Diversion Team consists of a Master's level behavioral health professional, two "screeners," a Behavioral Health Court Liaison, and two peer specialists.



OUTPATIENT TREATMENT SERVICES

Outpatient treatment teams are the foundation of quality behavioral health services that support persons in their treatment and recovery. KMHS Outpatient Child and Family Services and the Adult Outpatient Programs multidisciplinary teams consist of behavioral health therapists, psychiatric providers, substance use disorder specialists, care coordinators, medical assistants, and peer support specialists. Team members work in collaboration with individuals and families to support their recovery.



WRAP-AROUND INTENSIVE SERVICES (WISe) TEAMS

WISe Teams offer intensive community-based mental health treatment services including after-hours crisis response for Medicaid eligible youth and families between the ages of 0-21. When a family engages with the WISe program, they have the opportunity to work with a wrap-around service team consisting of a Care Coordinator, Therapist, and Peer Support Specialist. The goal of the WISe program is to help families become self-sustaining and strong advocates for themselves by working together to identify natural supports within the family and their community. KMHS has nine WISe Teams and will soon grow to a total of twelve. WISe Teams will relocate in Fall 2018 to a dedicated WISe services campus near Bremerton.



You are Invited
to a Community Celebration
and Dedication of the

OPEN HOUSE

July 24th

4:30 – 6:30 PM

1975 Fuson

Bremerton, WA

**Kitsap County Crisis
Triage Center**

&

**Substance Use
Residential Center**

Nearly two decades of community perseverance and planning by law enforcement and justice, emergency department, EMS and medical providers, safety net social services, behavioral health providers, and Kitsap County Human Services will soon meet a critical need to provide short term crisis services. The Kitsap County Crisis Triage Center, a 24/7 staffed facility, was established through the leadership of our Kitsap County Commissioners, the Mental Health, Substance Abuse and Therapeutic Courts Citizen Advisory Board, the Kitsap County Human Services Department, Salish Behavioral Health Organization, and the State of Washington.

2017 Direct Services Provided

	2017	2016	2015
Total Persons Served	6,676*	6,873*	6,353*
Children (0-17)	1,669	1,718	1,635
Young Adults (18-20)	218	231	215
Adults (21-59)	4,179	4,330	3,958
Older Adults (60+)	705	697	651

*Actual total served. Count by category is higher due to transitions in services provided as individuals age into next level of care.

Client Services by Type of Service

(includes some duplication of individuals)

	2017	2016	2015
Emergency Services (# of services)	6,205	6,148	6,878
Including Involuntary Treatment Evaluations	(1,246)	(1,280)	(1,297)
Inpatient & Residential - Bed Days			
Adult Inpatient Treatment	4,958	5,002	5,042
Youth Inpatient Treatment	2,124	2,310	2,137
Residential Services Unit	5,298	5,141	4,826
Staff Supported Housing Units	6,089	4,960	5,082
Outpatient Programs-All ages	5,847	5,985	5,526
Outpatient Medical/Nursing	1,964	2,041	1,970
Co-occurring Substance Use Disorder Treatment Services			
Adults	209	407	357
Youth	182	283	226
Day Treatment-Adults	129	165	161
Day Treatment Schools-Youth	44	43	42

For Same Day, Walk-In Appointment for 1st Visit

Walk In or Call
ACCESS CENTER
5455 Almira Drive NE, Bremerton, WA 98311
360-405-4010
Open 8 AM - 4 PM, Monday through Friday

Crisis Clinic of the Peninsulas

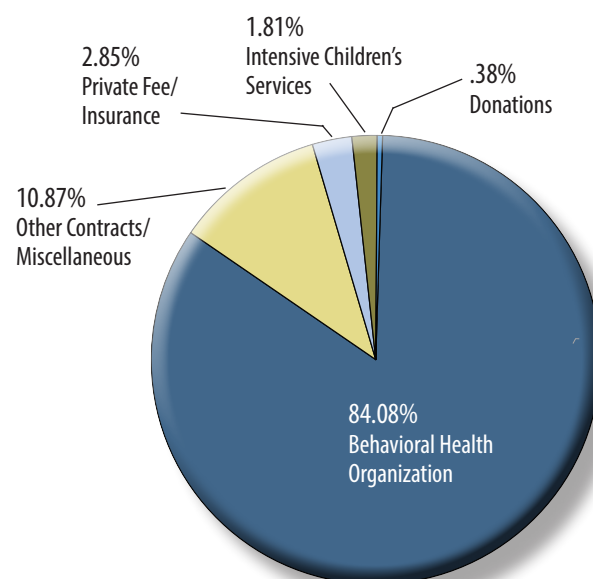
360-479-3033 or 1-800-843-4793

Call 24/7

Crisis Intervention, Information, Referral

2017 Revenue

\$30,077,771

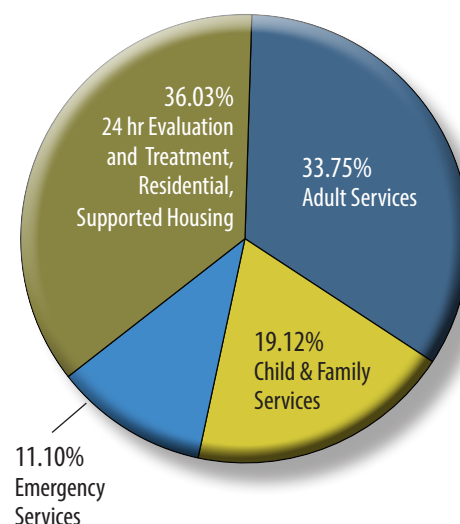


Did You Know...

- > One in five people suffer from mental illness.
- > Up to 90% of people receiving treatment services do recover.

2017 Expenses

\$28,285,809





2017 KMHS Golf Sponsors and Friends!

Thank You for Your Support!

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Another great day on the course!



Fabulous music by
The Marvin Hoffert Quartet!



Thank you Title Sponsor!

2018 KMHS Golf Classic Tournament

**Wednesday,
August 8, 2018**

**Gold Mountain
Golf Course**

Sponsorship & Registration
Information online at www.kitsapmentalhealth.org

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**And with our deepest
appreciation to the over
fifty auction & raffle
donors who support our
work, and to all of our
wonderful volunteers!**

THANK YOU!